

Count: 48 **Wall:** 4 **Level:** Beginner

Choreographer: Sue Hutchison (Nuline Dance) March 2014

Music: Knee Deep in My Heart by Shane Filan

8 count intro – start on vocals

Section 1: RUMBA BOX – 2 WALKS BACK – R COASTER STEP

- 1 & 2 step R to R side, step L beside R, step R fwd
- 3 & 4 step L to L side, step R beside L, step L back
- 5 , 6 walk back R, walk back L
- 7 & 8 step back onto R, step L beside R, step fwd on R (12 'o' clock)

Section 2: RUMBA BOX – 2 WALKS BACK – L SAILOR ¼ L

- 1 & 2 step L to L side, step R beside L, step fwd L
- 3 & 4 step R to R side, step L beside R, step R back
- 5 , 6 walk back L, walk back R
- 7 & 8 step L slightly behind R, making ¼ turn L step R to side, step L in place (9 'o' clock)

Section 3: R DIAGONAL STEP LOCK – STEP LOCK STEP – L DIAGONAL STEP LOCK - STEP LOCK STEP

- 1 , 2 facing R diagonal, step R fwd, lock L behind R
- 3 & 4 staying on R diagonal , step R fwd, lock L behind R, step R fwd
- 5 , 6 facing L diagonal, step L fwd, lock R behind L
- 7 & 8 staying on L diagonal, step L fwd, lock R behind L, step L fwd (9 'o' clock)

Section 4: STEP CROSS - STEP BACK – CHASSE R -STEP CROSS – STEP BACK- CHASSE ¼ L

- 1 , 2 step R over L, step back onto L
- 3 & 4 step R to R side, step L beside R, step R to R side
- 5 , 6 step L over R, step back onto R
- 7 & 8 step L to L side, step R beside L, making ¼ turn L step onto L (6 'o' clock)

Section 5: WEAVE L – CROSS ROCK – CHASSE R

- 1 , 2 step R over L, step L to L side
- 3 , 4 step R behind L, step L to L side

RESTART HERE ON WALL 5 (YOU WILL BE FACING 6 'O' CLOCK)

- 5 , 6 step R over L, recover weight back onto L
- 7 & 8 step R to R side, close L beside R, step R to R side (6 'o' clock)

Section 6: WEAVE R – CROSS ROCK – CHASSE ¼ L

- 1 , 2 step L over R, step R to R side
- 3 , 4 step L behind R, step R to R side
- 5 , 6 step L over R, recover weight back onto R
- 7 & 8 step L to L side, step R beside L, making ¼ turn L step onto L (3 'o' clock)

One Easy To Hear Restart: On Wall 5 After 36 Counts (L Weave)

Contact: countyline.dance@btinternet.com